

Dr. med. Michael Koslowski – CV

Personal Details

Date and place of birth: 15.11.1977 in Bremerhaven, Germany
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Occupation as physician

Since 2020 Outpatient department (all psychiatric diseases, specialized in treatment-resistant depression and ADHD), co-head of the ADHD consultation, Charité. On-site and on-call (Hintergrunddienst) supervision of residents.

2018-2020 Psychiatric consiliary and liaison service (specialty degree acquired), Charité; psychiatric consultation for refugees.

Since 2018 Board certified psychiatrist and post-doc researcher at the Clinic for Psychiatry and Psychotherapy of the Charité Campus Mitte.

Since 2017 Board certified psychiatrist. Psychotherapist with psychodynamic/psychoanalytical training at the Berlin Institute for Psychoanalysis and Psychotherapy (BIPP) and in private practice.

2015 - 2018 Residency and licensed psychiatrist at Department of Psychiatry at Parkklinik Sophie Charlotte/ Schlosspark-Klinik Berlin

2013 - 2015 Residency: Clinic for Psychiatry, Psychosomatics and Psychotherapy of Childhood and Adolescence of the Charité Berlin.

2011 - 2012 Residency: Clinic for Neurology of the Charité Berlin Campus Virchow-Klinikum.

2008 - 2010 Residency in France: Hôpital de la Conception, Marseille (Psychiatry), Centre Hospitalier Aix-en-Provence (Neurology), University Hospital Pitié Salpêtrière, Paris (Neurology).

2007 - 2008 Residency: Psychiatric University Clinic of the Charité Berlin at the St. Hedwig Hospital.

Research activity

- Since 2020 Study coordinator, study physician and therapist of the governmental (BMBF)-funded study EPIsoDE (Efficacy and safety of psilocybin in treatment-resistant depression), trial with ZI Mannheim (PI: Prof. Gerhard Gründer).
- <https://clinicaltrials.gov/ct2/show/NCT04670081>
- Ongoing subprojects:
- Free will beliefs in depression and the impact of psychedelic experience (online survey) with Prof. H. Walter
 - Integration in psychedelic-assisted therapy (online-survey) with Dr. T. Majic
 - fMRI in EPIsoDE trial (resting state, reversal learning, emotional faces, sense of self) with Prof. F. Schlagenhauf
- Since 2019 Co-leader of the research group [Recreational Drugs](#).
- Since 2018 Co-principal investigator of the study "BFD - Biological Function of Dreaming" (PI: Prof. Tamara Fischmann).
- <https://clinicaltrials.gov/ct2/show/NCT04749992>
- Since 2018 Public talks on conferences (Encéphale 2020 Paris; ALBATROS 2020 Paris; DGPPN Berlin 2019, 2021; INSIGHT 2019 Berlin)
- Peer reviewer for international scientific journals.
- 2016-2018 Postdoctoral researcher in the research group Affective Neuroscience of the Department of Psychiatry, Charité Berlin CBF (Prof. M. Bajbouj).
- 2009 PhD Thesis "The influence of typical and atypical neuroleptics on the dopaminergic reward system in patients with schizophrenia - An fMRI study" with Prof. A. Heinz, Berlin (magna cum laude).
- 2004 - 2006 PhD student at the research group Affective Neuroimaging of the Psychiatry department Charité Berlin CCM: fMRI data acquisition and analysis.

Teaching

- Since 2007 Regular teaching of medical students in different formats including bedside teaching (UaK), communication/interaction/teamwork (KIT), seminars, lectures and individual clinical training.
- Supervision of term papers and dissertations.

Clinical training and continuing education

- Since 2020 training in psilocybin-assisted therapy as a study therapist in the EPIsoDE study (Lecturers: Matthew Johnson, Johnson, Johns Hopkins University, USA; Peter Gasser, Solothurn, Switzerland; Katrin Preller, Switzerland et al).
- 2013 - 2017 Training in depth psychology-based psychotherapy (TfP) at the Berlin Institute for Psychoanalysis and Psychotherapy (BIPP); training in hypnosis according to M. Erickson; Dialectical Behavioural Therapy (DBT) according to M. Linehan for borderline and eating disorders; Schema Therapy according to J. Young with Dr. E. Roediger.
- 2011 EEG course (Prof. Kursawe, Potsdam)
- 2011 Emergency medicine course (80h)

University education

- 06/2007 3rd state examination, license to practice medicine
- 2000 - 2007 Medical studies at the Charité University Medicine Berlin
- 1999 - 2004 Studies of Philosophy at the Humboldt University/TU Berlin/FU Berlin

School education

- 1984 – 1997 Elementary school and high school in Bremerhaven, Abitur (high school diploma)
- 1997 - 1998 Civilian service at the Agency for Nature Conservation in Hannover, Germany

Language skills

German (mother tongue), English (C2), French (C2)

Memberships

- German Society for Psychiatry, Psychotherapy and Neurology (DGPPN)
- Berlin Society for Neurology and Psychiatry (BGPN)
- Founding member of the German Society for Psychedelic Research and Therapy (DGPFT)
- Swiss Medical Society for Psycholytic Therapy (SÄPT)
- German Alpine Association (DAV)



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Publications

- Mertens, L., **Koslowski, M.**, Betzler, F., Evens, R., Gilles, M., Jungaberle, A., Jungaberle, H., Majic, T, Ströhle, A., Wolff, M., Wellek, S., Gründer, G. (2021). Methodological Challenges in Psychedelic Drug Trials: Efficacy and Safety of Psilocybin in Treatment-Resistant Major Depression (EPIsoDE) – Rationale and Study Design. *NEUROPSYCHOPHARMACOLOGY* (Vol. 46, No. SUPPL 1, pp. 262-262).
- Naegele, H., Betzler, F., Viohl, L., **Koslowski, M.**, Ernst, F., Petzold, M. (2021). Cannabis use, use motives and potential cannabis abuse among Berlin college students (submitted)
- Koslowski, M.**, Johnson, M. W., Gründer, G., & Betzler, F. (2021). Novel Treatment Approaches for Substance Use Disorders: Therapeutic Use of Psychedelics and the Role of Psychotherapy. *Current Addiction Reports*. doi:10.1007/s40429-021-00401-8
- Gärtner, M., Ghisu, E., Herrera-Melendez, A. L., **Koslowski, M.**, Aust, S., Asbach, P., . . . Borgwardt, K. (2021). Using routine MRI data of depressed patients to predict individual responses to electroconvulsive therapy. *Experimental Neurology*, 335, 113505.
- Koslowski, M.**, Betzler, F., Gründer, G., Jungaberle, H. & Wolff, M. (2021). Therapie mit Psychedelika - die Rolle der Psychotherapie. *NeuroTransmitter 2020*, 31(11):32-37, DOI:10.1007/s15016-020-7549-z
- Koslowski, M.** (2020). LSD in der Therapie psychischer Erkrankungen. *InFo Neurologie+ Psychiatrie*, 22(9), 14-15.
- Wolff, M., Evens, R., Mertens, L. J., **Koslowski, M.**, Betzler, F., Grunder, G., & Jungaberle, H. (2020). Learning to Let Go: A Cognitive-Behavioral Model of How Psychedelic Therapy Promotes Acceptance. *Front Psychiatry*, 11, 5. doi:10.3389/fpsy.2020.00005
- Juckel, G., Friedel, E., **Koslowski, M.**, Witthaus, H., Özgürdal, S., Gudlowski, Y., . . . Heinz, A. (2012). Ventral striatal activation during reward processing in subjects with ultra-high risk for schizophrenia. *Neuropsychobiology*, 66(1), 50-56.
- Baizabal-Carvallo, J. F., Alonso-Juarez, M., & **Koslowski, M.** (2011). Chorea in systemic lupus erythematosus. *JCR: Journal of Clinical Rheumatology*, 17(2), 69-72.
- Ballmaier, M., Schlagenhaut, F., Toga, A. W., Gallinat, J., **Koslowski, M.**, Zoli, M., . . . Heinz, A. (2008). Regional patterns and clinical correlates of basal ganglia morphology in non-medicated schizophrenia. *Schizophrenia research*, 106(2-3), 140-147.
- Schlagenhaut, F., Wüstenberg, T., Schmack, K., Dinges, M., Wrase, J., **Koslowski, M.**, . . . Juckel, G. (2008). Switching schizophrenia patients from typical neuroleptics to olanzapine: effects on BOLD response during attention and working memory. *European Neuropsychopharmacology*, 18(8), 589-599.
- Schlagenhaut, F., Juckel, G., **Koslowski, M.**, Kahnt, T., Knutson, B., Dembler, T., . . . Heinz, A. (2008). Reward system activation in schizophrenic patients switched from typical neuroleptics to olanzapine. *Psychopharmacology*, 196(4), 673-684.
- Schlagenhaut, F., Juckel, G., **Koslowski, M.**, Kahnt, T., Dembler, T., Knutson, B., Kienast, T., Gallinat, J., Wrase, J. & Heinz, A. (2007). Number of operations of the reward system for schizophrenic

patients with conventional antipsychotic and after changeover to olanzapine. *Nervenarzt* 78, 77-77.

Juckel, G., Schlagenhauf, F., **Koslowski, M.**, Wüstenberg, T., Villringer, A., Knutson, B., . . . Heinz, A. (2006). Dysfunction of ventral striatal reward prediction in schizophrenia. *NeuroImage*, 29(2), 409-416.

Juckel, G., Schlagenhauf, F., **Koslowski, M.**, Filonov, D., Wüstenberg, T., Villringer, A., . . . Wrase, J. (2006). Dysfunction of ventral striatal reward prediction in schizophrenic patients treated with typical, not atypical, neuroleptics. *Psychopharmacology*, 187(2), 222-228.

Juckel, G., Schlagenhauf, F., **Koslowski, M.**, Filonow, D., Knutson, B., Wrase, J., & Heinz, A. (2005). Ventral striatum activation by typical versus atypical neuroleptics in a fMRI paradigm with monetary incentive stimuli. *Pharmacopsychiatry*, 38(05), A109.